



What Your Overnight Donation Can Do

AFSP is a small foundation, and much of our funding comes from The Overnight. It's not just a Walk. It's not just a check, it's a lifesaving effort.

- **Each Walker in The Overnight** raises a minimum of \$1,000. It's an amount that we know is achievable and that will bring hope and support to those in need.
- **Think of it this way. \$1,000 is:**
 - \$50 from 20 people
 - \$20 from 50 people
 - \$10 from 100 people

Look at what AFSP can do with the money you raise.

- **EVERY \$50:** AFSP provides educational materials to 25 people. If just one person seeks help after reading these materials, a life could be saved for less than the cost of dinner and a movie.
- **EVERY \$100:** Covers the cost of *More Than Sad: Suicide Prevention and Education for Teachers and Other School Personnel* (DVD and supporting program) – giving teachers and students the tools to prevent suicide.
- **EVERY \$250:** Enables AFSP to recruit and train a volunteer Field Advocate who can then educate Federal, State, and Local elected officials about suicide prevention.
- **EVERY \$500:** Trains a new Survivor of Suicide support group facilitator. Each new facilitator will bring group members together with other survivors. Together, they will see that that they are not alone.
- **EVERY \$1,000:** Funds a year of research into the genetic, biological, or behavioral factors that contribute to suicide when added to \$1,000 from 44 other walkers. The number of lives potentially saved by this research is incalculable.
- **EVERY \$5,000:** Places AFSP's innovative Interactive Screening Program (ISP) at a college or university to identify at risk students and get them into treatment.

Every dollar you raise will help you save the life of a child, a parent, a sibling or a close friend.

Thank you for walking with us this season.

The Overnight Staff